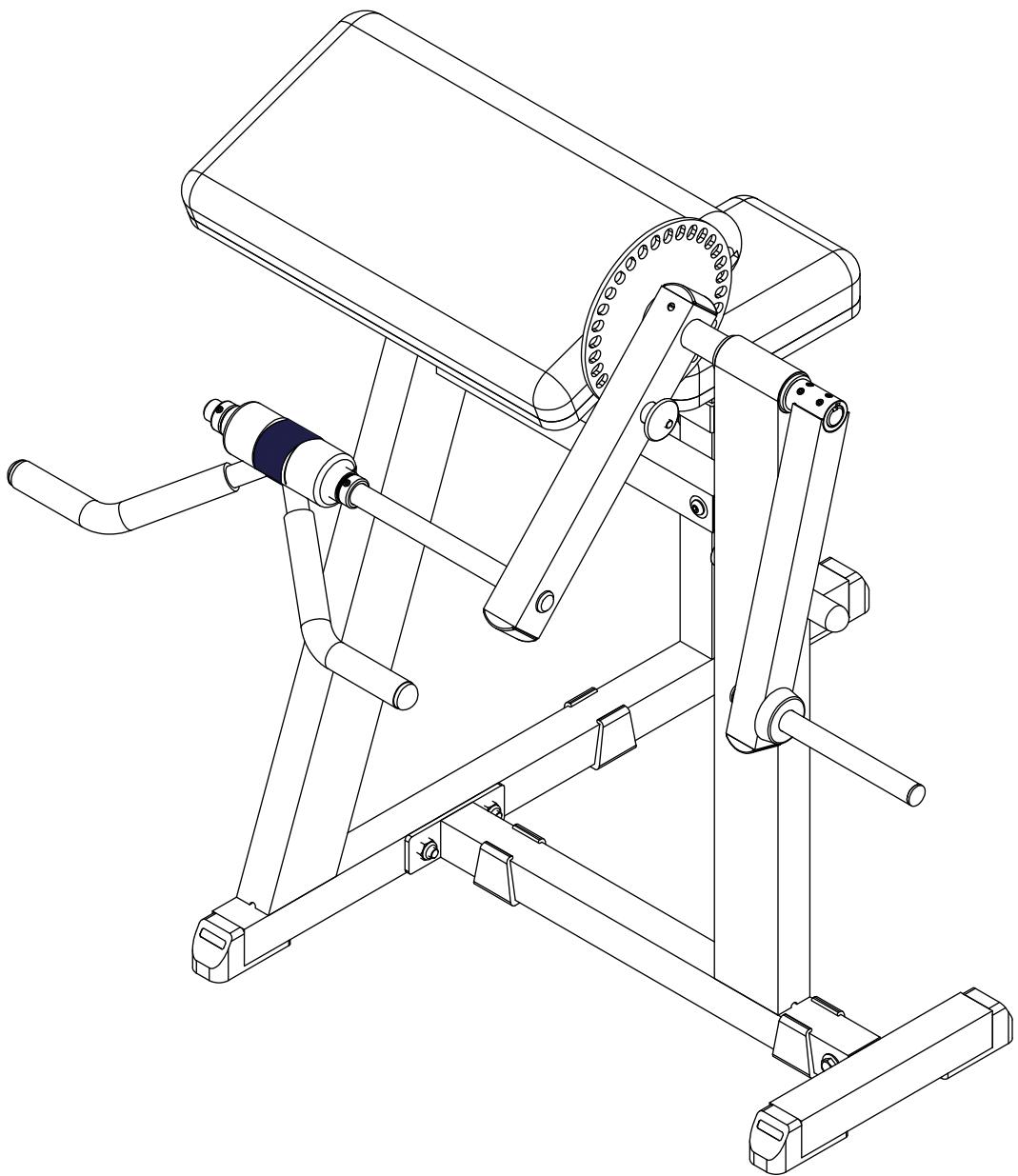


# GCBT-380

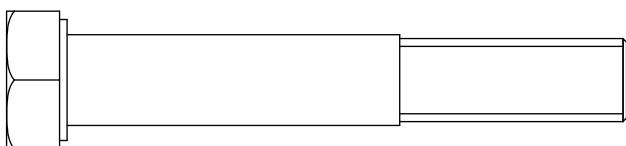
## BICEP CURL



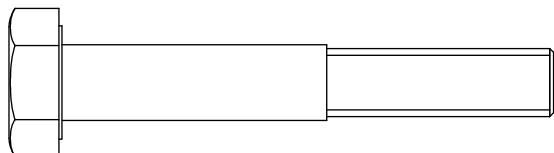
VERSION 190118

## HARDWARE (To Scale)

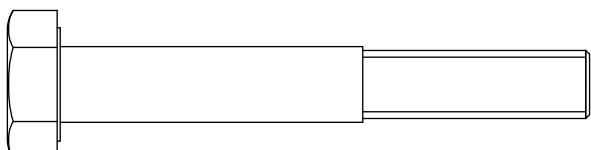
A1 M12X75 Hex Head Bolt Qty.2



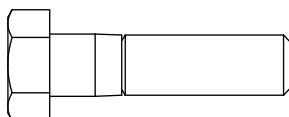
A2 M10x65 Hex Head Bolt Qty.1



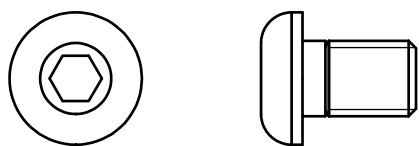
A3 M10X70 Hex Head Bolt Qty.2



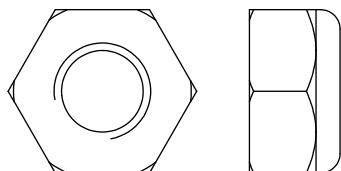
A4 5/16"X1 1/4" Hex Head Bolt Qty.6



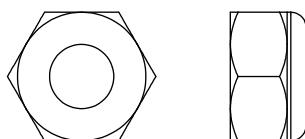
A5 M10X15L Round Head Screw (Pre-installed) Qty.4



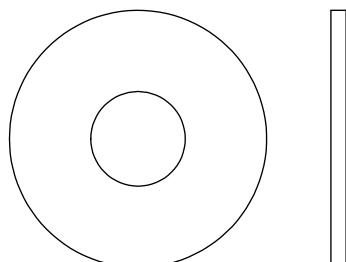
B1 M12 Nylon Lock Nut Qty.2



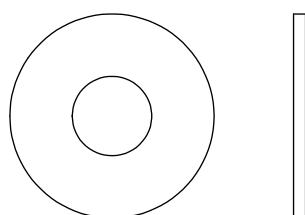
B2 M10 Nylon Lock Nut Qty.3



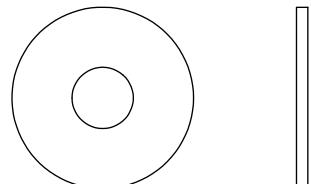
C1 M12 Washer Qty.2



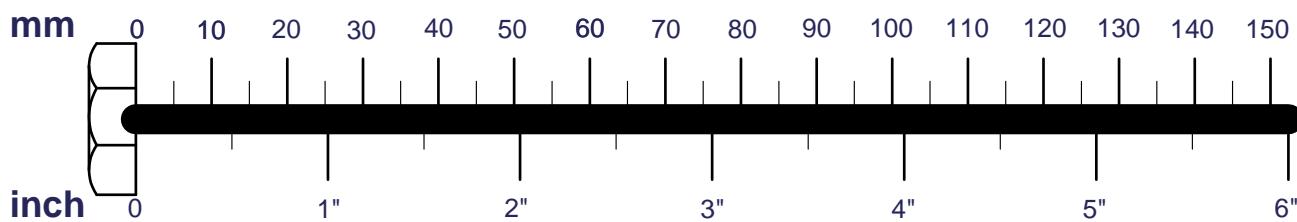
C2 M10 Washer Qty.6 (4PCS Pre-installed)



C3 5/16" Washer Qty.6

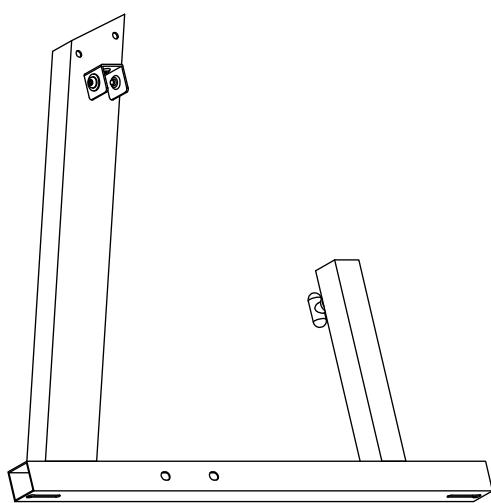


C4 5/16" Spring Washer Qty.6

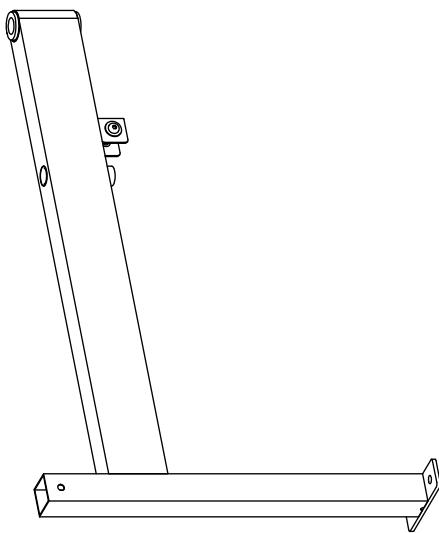


## HARDWARE (To Scale)

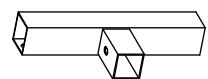
A [1PCS]



B [1PCS]



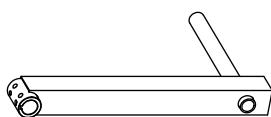
C [1PCS]



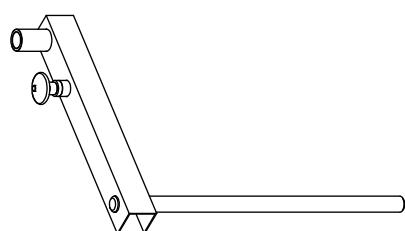
D [1PCS]



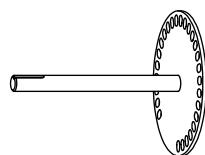
E [1PCS]



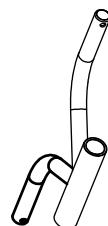
F [1PCS]



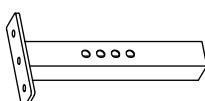
G [1PCS]



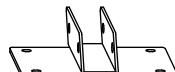
H [1PCS]



I [1PCS]



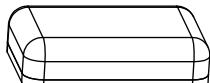
J [1PCS]



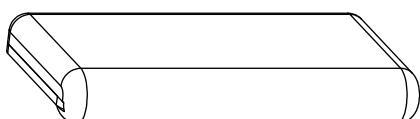
K [1PCS]  
8220-017



L [1PCS]  
9122-034



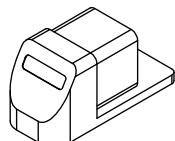
M [1PCS]  
9132-013



## H A R D W A R E (To Scale)

D1. 2"X2" FOOT CAP (9211-024).....	4PCS
D2. 2"X2" END CAP (9211-087).....	2PCS
D3. 1 3/4"X1 3/4" END CAP (9211-091).....	1PCS
D4. 50X45 NYLON BUSHING (9211-030).....	1PCS
D5. Ø1" ROUND END CAP (9212-004).....	1PCS
D6. Ø2 1/2" RUBBER DONUT (9310-012).....	1PCS
D7. Ø1" ROUND END CAP (9211-016).....	2PCS
D8. Ø1" SHAFT COLLAR (8130-024).....	2PCS
D9. Ø1" NYLON WASHER (9214-001).....	1PCS
D10. FORM ROLLER (9161-004).....	1PCS
D11. RUBBER DONUT (9212-010).....	3PCS
D12. HOOK&LOOP FASTENER (9630-007).....	1PCS

D1



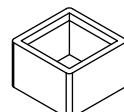
D2



D3



D4



D5



D6



D7



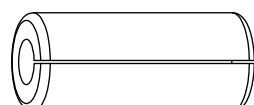
D8



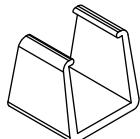
D9



D10

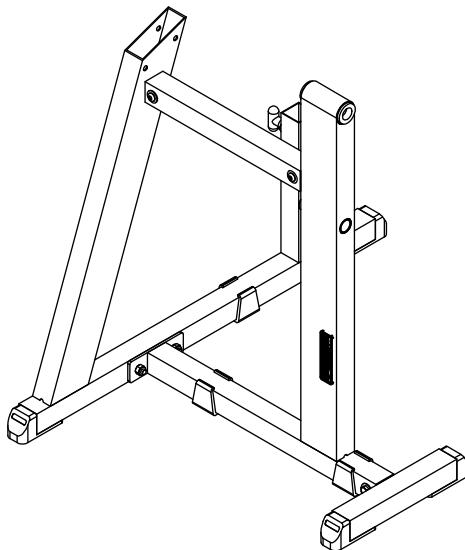


D11

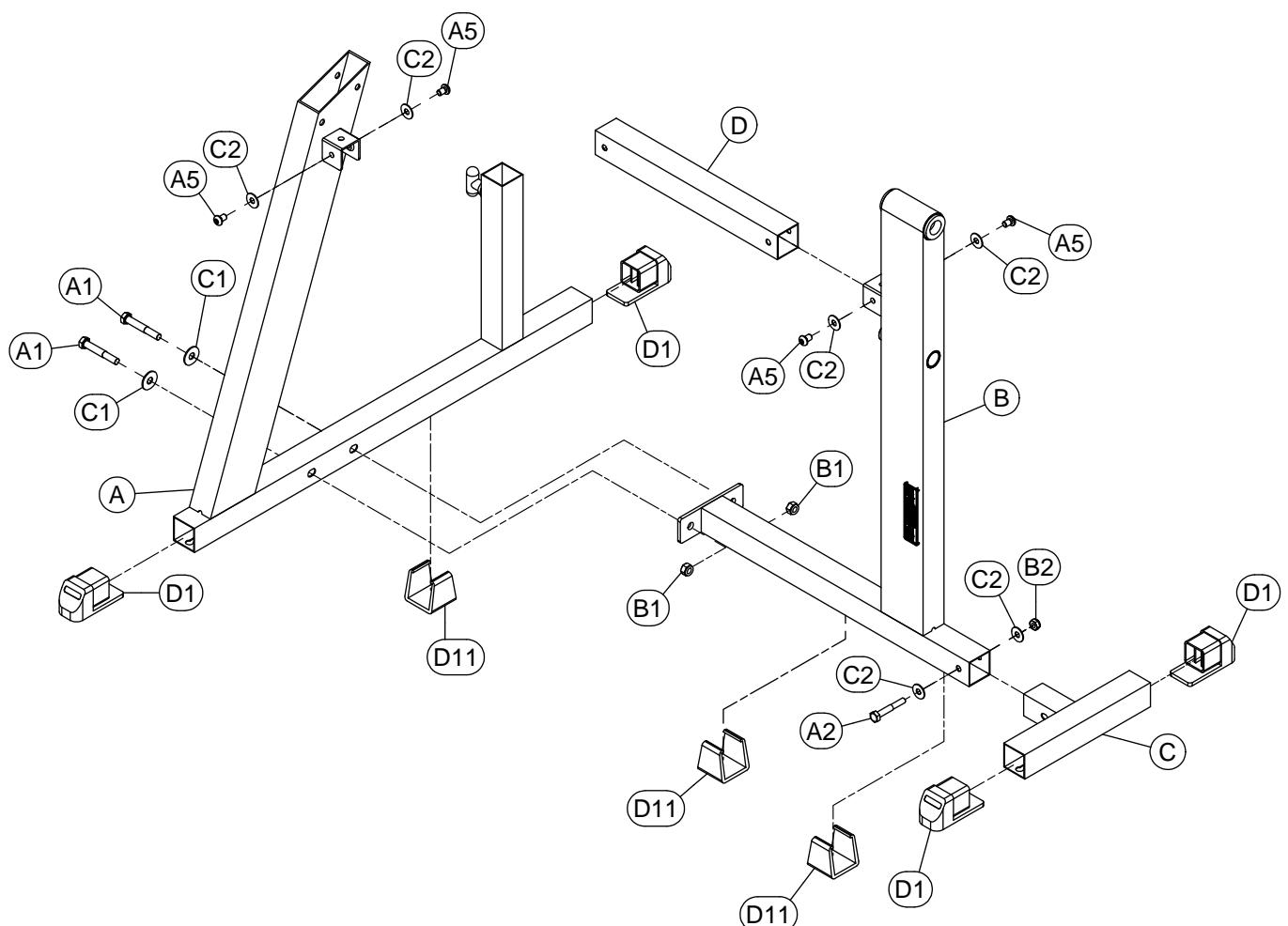


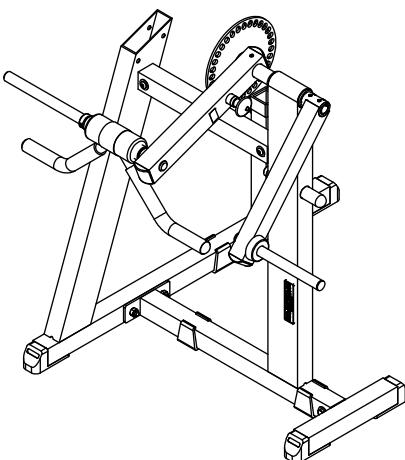
D12



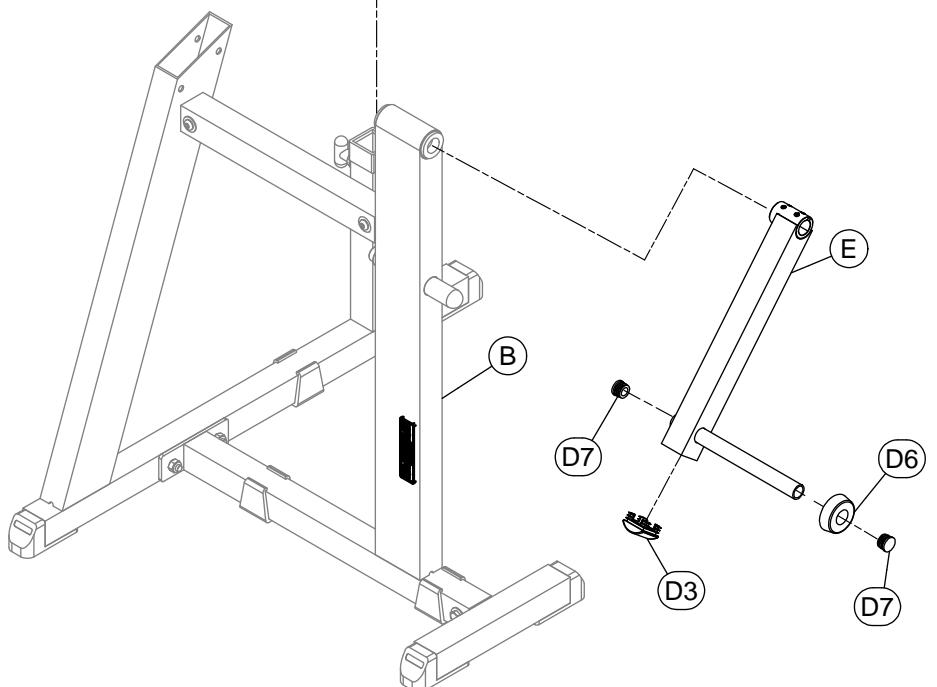
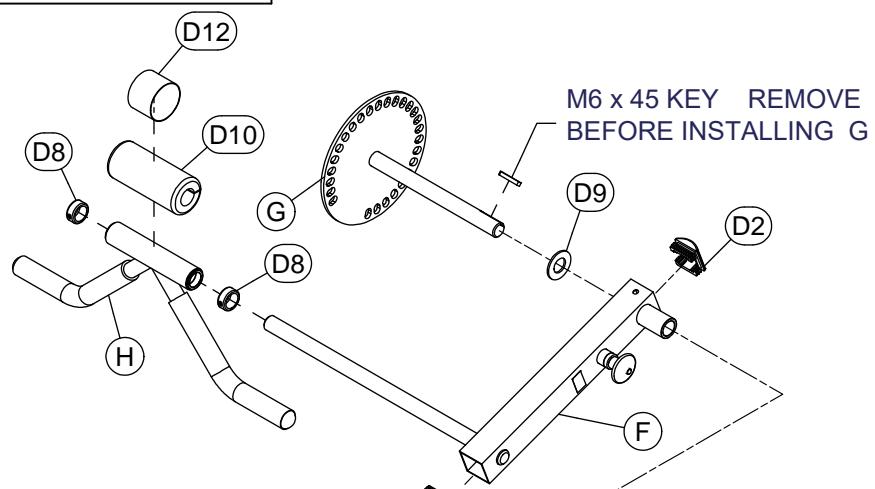


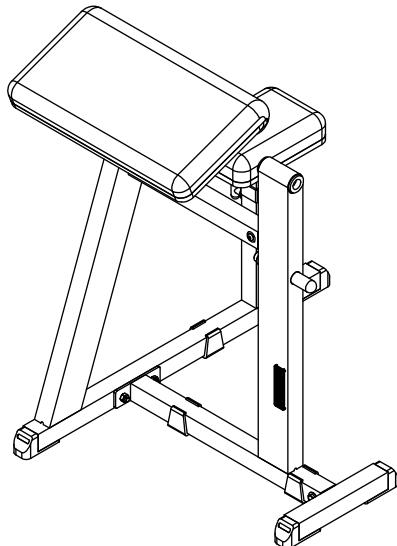
Above shows STEP 1  
assembled and completed





Above shows STEP 2  
assembled and completed





Above shows STEP 3  
assembled and completed

