

SPRLHD Pro Clubline Leg Hold Down

Body-Solid®
Pro Clubline



SPRLHD Leg Hold Down

The Body-Solid Pro Clubline SPRLHD Leg Hold Down is a power rack attachment with a quick-mount design, enhancing workout efficiency and compatibility with Body-Solid SPR and GPR series racks. This attachment improves lat pulldown form and safety by securing users in a seated position, and it can also function as a support roller for exercises like split squats and preacher curls.

Special Features

- 23" long pad with 5" diameter
- Quick-mount J-hook style design
- Leg hold-down during lat pulldown movement/ support roller for split squats, preacher curls
- Compatible with Body-Solid SPR and GPR power rack series

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pad, Rollers and Grips 1 Year



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Bushings and Hardware Lifetime
Pad, Rollers and Grips Lifetime

Weight: 14 lbs.
Dimensions: 17"L x 36"W x 8"H