

# SPRHT Pro Clubline Hip Thruster

Body-Solid®  
Pro Clubline



Rack and Weights sold separately



Rack sold separately

## SPRHT Hip Thruster

The Body-Solid Pro Clubline Hip Thruster Attachment is a rack attachment that focuses solely on an exercise that has recently exploded in popularity: hip thrusts. The hip thrust movement builds strength, size, and stability in the glutes, hamstrings, and quads. The Hip Thruster Attachment (SPRHT) features a thick, padded platform that gives users a comfortable, safe, stable, and efficient place to perform this effective movement.

Body-Solid's Pro Clubline Hip Thruster Attachment (SPRHT) attaches to rack uprights with a u-shaped frame and easy-grip pins for quick and straightforward installation. The SPRHT Hip Thruster Attachment is compatible with several Body-Solid racks, including the SPR250 Squat Stand, SPR500 Half Rack, SPR1000 Power Rack, and GPR400 Power Rack.

Weight: 31 lbs.

Dimensions: 48"L x 8"W x 7"H

## Special Features

- Safe, comfortable, and stable platform for performing hip thrusts
- Ships fully assembled
- Compatible with Body-Solid's SPR250, SPR500, SPR1000, and GPR400 Power Racks
- 11-gauge steel construction frame

## Warranty



Frame & Welds ..... Lifetime  
Bushings and Hardware ..... 3 Years  
Pad, Rollers and Grips ..... 1 Year



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