

# S2LEC

## Pro Clubline Series II Leg Extension & Leg Curl

Body-Solid®  
Pro Club Line  
SERIES II



### S2LEC Series II Leg Extension & Leg Curl

The leg extension is a vital movement in strengthening your quads and patellar ligament giving your knee added stability.

The leg curl trains the often-neglected hamstrings protecting you from injury, increasing leg strength, greater flexibility and relief from back pain.

Strengthen your quadriceps muscles with the leg extension exercise and work your glutes and hamstring muscles with the leg curl. The transition between the two movements is simple and easy, allowing you maximum time for your workout.

Weight: 467 lbs.

Dimensions: 54”L x 51”W x 57”H

### Special Features

- Performs two most important leg exercise from one comfortable position
- Strengthen quads, glutes, hamstrings
- Transition between movements simple and easy
- Standard weight stack 160lb (73kg) with optional 235lb (107kg) upgrade
- 2”x3” 11-gauge steel mainframe

### Warranty



Frame & Welds .....	Lifetime
Bushings and Hardware .....	3 Years
Pad, Rollers and Grips .....	1 Year



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