

# PGM200X

## Glute Max Machine

**POWERLINE** USA<sup>®</sup>  
by Body-Solid



## PGM200X

### Glute Max Machine

The PGM200X Glute Max Machine is designed to totally isolate your glute muscles to sculpt a rounded, toned posterior. The PGM200X Glute Max Machine provides a fantastic lower body exercise. Quality rollers, comfortable pads and simple adjustments make this machine easy to use and comfortable for any user. The PGM200X Glute Max Machine targets the gluteal muscles, the muscles that form the buttocks. Gluteals are one of the main muscle groups responsible for holding your body upright, but they can be tough to isolate and strengthen using traditional gym exercises. The PGM200X Glute Max Machine is designed to target the gluteal muscles with controlled movement for total isolation. Now, in the comfort and privacy of your own home, you can target the muscles that form the buttocks and strengthen the muscle group that helps haul your butt through everyday life.

Weight: 64 lbs

Dimensions: 70"L x 26"W x 60"H

## Special Features

- Works each leg individually
- Adjustable forearm pads slide forward and backward
- Standard plate post allows you to load weight plates
- Targets the gluteal muscles

## Warranty

Frame & Welds .....10 Years  
Bushings and Hardware.....1 Year  
Pad, Rollers and Grips .....1 Year