

PCH24X Roman Chair

POWERLINE USA[®]
by Body-Solid



PCH24X **Roman Chair**

The Powerline PCH24X Roman Chair is mainly used for the lower back, but can also target the glutes, hams, and abs. Bodyweight can provide significant resistance in all variations, and additional weight can be added to increase difficulty. Your abs and lower back are crucial to your everyday activities. You must keep them strong and tight to avoid painful injuries. The Powerline PCH24X Roman Chair lets you train abs, back, glutes and hams in complete comfort and safety.

Special Features

- 2" x 2" heavy-gauge steel construction
- Extra-wide base eliminates rocking
- Electrostatically applied powder coat finish
- Oversize 8" Foam Rollers
- Target the glutes, hams, and abs

Warranty

Frame & Welds10 Years
Bushings and Hardware.....1 Year
Pads, Grips, Cables and Pulleys1 Year

Weight: 42 lbs
Dimensions: 46"L x 25"W x 36"H