

# OST

## Steel Grip Olympic Plate Sets



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Quad-grip design makes moving and placing the plates fast, safe, and easy. Features baked hammertone gray finish that is durable and chip and rust resistant. Accurate from 2% or better of stated weight, Body-Solid's Steel Grip Olympic Plates are made from the highest quality gray iron, creating an exceptionally strong and durable product.

### Special Features

- Quad-grip design
- Baked on hammertone grey finish that is durable, chip and rust resistant
- Cast from the highest quality iron

Item #	Description	Includes
OST255 .....	255lbs OPT Plates .....	(2)45lb, (2)35lb, (2)25lb, (2)10lb, (4)5lb, (2)2.5lb plates only
OST355 .....	355lbs OPT Plates .....	(4)45lb, (2)35lb, (2)25lb, (2)10lb, (6)5lb, (2)2.5lb plates only
OST455 .....	455lbs OPT Plates .....	(6)45lb, (2)35lb, (2)25lb, (4)10lb, (4)5lb, (2)2.5lb plates only
OST300S ....	300lbs Set of Plates, Bar & Collars .....	(1)OB86, (2)OC06, (2)45lb, (2)35lb, (2)25lb, (2)10lb, (4)5lb, (2)2.5lb
OST400S ....	400lbs Set of Plates, Bar & Collars .....	(1)OB86, (2)OC06, (4)45lb, (2)35lb, (2)25lb, (2)10lb, (6)5lb, (2)2.5lb
OST500S ....	500lbs Set of Plates, Bar & Collars .....	(1)OB86, (2)OC06, (6)45lb, (2)35lb, (2)25lb, (4)10lb, (4)5lb, (2)2.5lb