

# GVKR82B

## Vertical Knee Raise, Dip & Pull-Up

*Body-Solid*<sup>®</sup>  
Built for Life



### GVKR82B

#### Vertical Knee Raise, Dip & Pull-Up

The Body-Solid GVKR82B is a professional-grade 4-in-1 power station featuring a 10° reverse pitch and ultra-thick DuraFirm™ pads to maximize core intensity while protecting your lower back. A heavy-duty steel frame provides rock-solid stability for vertical knee raises, pull-ups, dips, and deep-deficit push-ups, all within a single space-saving footprint.

Weight: 126 lbs.  
Dimensions: 58”L x 43”W x 82”H

#### Special Features

- 10° reverse pitch increases abdominal range-of-motion
- Lat Pull-Up / Chin-Up Station features easy step-up entry
- Easy access Dip Station features oversized diameter grips for ultimate comfort
- Push-Up Station is cushioned and mounted a full 12” off the floor

#### Warranty



Frame & Welds ..... Lifetime  
 Bushings and Hardware ..... 3 Years  
 Pads, Cables and Grips ..... 1 Year



Frame & Welds ..... Lifetime  
 Bushings and Hardware ..... Lifetime  
 Pads, Cables and Grips ..... Lifetime