GVKR60BVertical Knee Raise and Dip







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Vertical Knee Raise and Dip

Build sculpted abs and ripped upper body with the multifunctional Body-Solid GVKR60B Vertical Knee Raise and Dip Station. This versatile machine targets your core, obliques, triceps, deltoids, and lower pecs with exercises like knee raises, leg raises, oblique bends, and dips.

Special Features

- Safe, no-slip step-up entry
- Thick DuraFirm back and arm pads
- Extra-wide and solid base provides maximum stability
- Comfortable oversized handgrips
- Ideal for home and commercial use

Warranty



Frame & Welds Lifetime Bushings and Hardware 3 Years Pads, Cables and Grips 1 Year



Frame & Welds Lifetime
Bushings and Hardware..... Lifetime
Pads, Cables and Grips Lifetime

Weight: 61 lbs.

Dimensions: 37"L x 24"W x 60"H