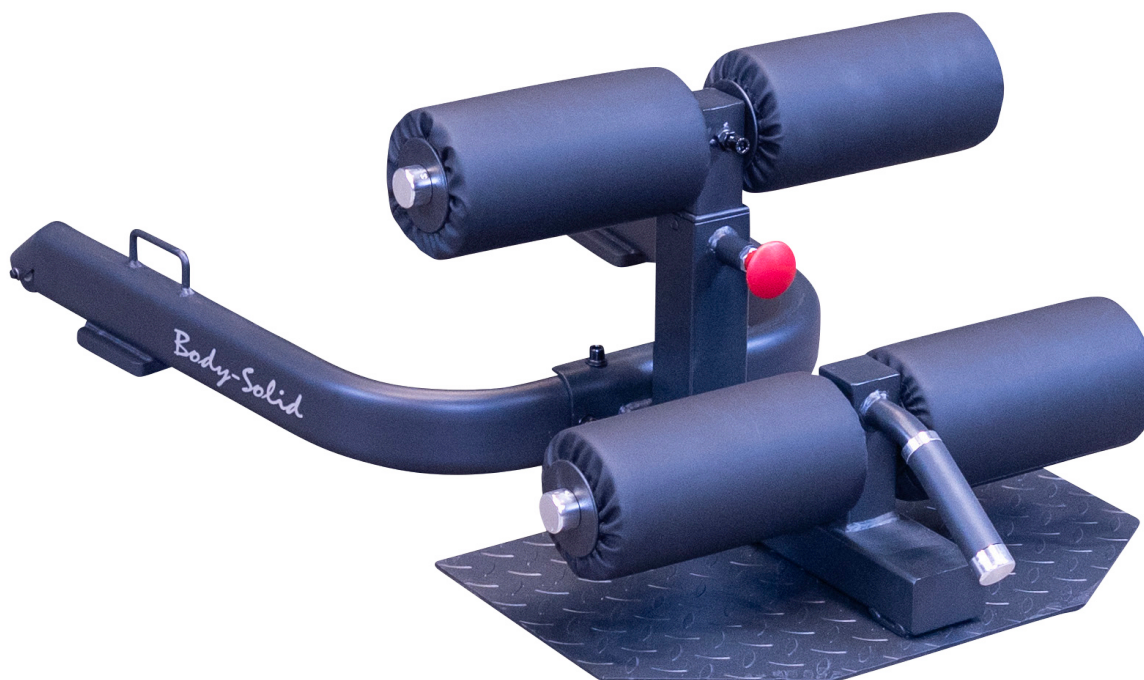


GSS50B **Body-Solid Sissy Squat**

Body-Solid®
Built for Life



GSS50B **Sissy Squat**

The Body-Solid GSS50B Sissy Squat is a versatile and durable piece of equipment that allows for targeted core and leg exercises, featuring adjustable settings and easy mobility.

Weight: 46.3 lbs
Dimensions: 43.5"L x 24"W x 19"H

Special Features

- Train multiple muscle groups: abs, legs and core
- Perfect for isolation exercises like quad-focused squats, deadlifts, russian twists, sit-ups and medicine ball tosses
- Powder-coated heavy-gauge steel frame
- Easy transport wheels and handles
- Adjustable leg pad
- Weight Capacity: 300 lbs.

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



Frame & Welds Lifetime
Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime