GS348QP4 Series 7 Smith Gym Package





Smith Gym Package includes

GS348Q Series 7 Smith Machine
GLA348QS Lat Attachment
GPA3 Pec Dec Station
GFID71 Heavy Duty Bench
GPCA1 Preacher Curl
GLDA3 Leg Developer

GS348QP4

Series 7 Smith Gym Package

With the Series 7 Smith Gym Package you get virtually all the same exercises as you do in a fully equipped gym, but in the convenience of your own home, on your own schedule, without the need for a spotter. The Series 7 Smith Gym Package is based on a 2"x 3" commercial quality mainframe and set to a 7° reversed pitch. The 7° angle was designed to allow natural upper and lower body movements for precise chest and gluteal biomechanics.

Weight plates, collars and bar optional

Weight: 743 lbs.

Dimensions: 78"L x 64"W(70" at bar) x 84"H

Special Features

- Precise 7° angle Smith Machine combined with
 7° angle freeweight barbell workout center
- Freeweight gunrack system with 14 lift-off and racking positions
- Pec Dec Station: Extra-thick arm roller pads and DuraFirm back pad make exercising comfortable
- Heavy Duty Flat/Incline/Decline Bench can handle over 1,000 lbs.

Warranty





Frame & Welds Lifetime
Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime