

# GIOT Seated Inner/Outer Thigh Attachment

*Body-Solid®*  
Built for Life



## GIOT Seated Inner/Outer Thigh Attachment

Trim and tone those trouble spots with the Giot Inner and Outer Thigh Attachment. Do both abductor and adductor exercises from one seated position. 5 range-of-motion adjustments accommodate users of all sizes. A lumbar supported adjustable back pad, swiveling knee pads, and no cable change design provide the quality, comfort, and ease of use necessary to achieve great results.

Gym sold separately. For use with the G2B, G3S, G5S, G6BR, G9S, G10B Gyms only.

Combine this with the GSTCK weight stack and create a Giot-STK free-standing unit!

Weight: 117 lbs.  
Dimensions: 55.1"L x 75.3"W x 33.5"H

## Special Features

- Combines both abductor and adductor exercises in one seated position
- Five range of motion adjustments
- No cable change design with swiveling knee pads provides comfort and convenience
- Side stability handles for better positioning

## Warranty



Frame & Welds ..... Lifetime  
Bushings and Hardware ..... 3 Years  
Pads, Cables and Grips ..... 1 Year



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