

GFB350 Heavy Duty Flat Bench

Body-Solid®
Built for Life



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The basic flat bench is a weight training standard for barbell and dumbbell exercises. Increase your strength with the commercial grade Body-Solid GFB350 Heavy Duty Flat Bench. Thick DuraFirm™ upholstery will remain comfortable and won't bottom out. The seat pad is positioned on a 2" x 3" commercial steel mainframe with 4-side welded construction. An extra wide base ensures stability and has Euro-Cap foot levelers.

Special Features

- 2"x 3" heavy gauge steel construction
- Extra Wide Base for Stability
- Thick DuraFirm Upholstery
- Perfect for basic barbell and dumbbell exercises
- All-4-side welded construction
- Ideal for home and commercial use
- Height to the top of the pad 18.5"
- Back pad 9.5" wide

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime

Weight: 42 lbs
Dimensions: 49.5"L x 23"W x 18.5"H