

# GDCC250

## Body-Solid Deluxe Cable Crossover

*Body-Solid®*  
Built for Life



**GDCCBAR**  
Optional Dual Press  
Accessory Bar



**GDCCRACK**  
Optional Accessory Rack

## GDCC250 Deluxe Cable Crossover

Sturdy and stable, the newly designed Body-Solid GDCC250 Deluxe Cable Crossover lets you exercise virtually every major muscle group in your body. Inter-changeable cable handles provide an unlimited number of possibilities for all experience levels, and the extra wide and tall mainframe provides you with easy access to an endless array of high and low pulley exercises

With 20 independent height adjustments and 180° cable positioning for frictionless guidance in all directions, the Body-Solid GDCC250 is one of the most versatile and functional machines manufactured today.

Weight: 561 lbs  
Dimensions: 164"W x 29"L x 84"H

## Special Features

- 11gauge, 2" x 4" oval tubing
- Electrostatically applied powder coat finish
- 4.8mm diameter spun steel aircraft cables
- 20 independent height adjustments
- 180° cable positioning
- Two 160 lb. weight stacks (wght ratio is 1/2 : 1)
- High-density foam rubber handgrip handles
- Dual position pull-up bar

## Warranty



Frame & Welds ..... Lifetime  
Bushings and Hardware ..... 3 Years  
Pads, Cables and Grips ..... 1 Year



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