

GCEC-STK

Pro-Select Leg Ext. & Leg Curl Machine

Body-Solid®
Built for Life



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The fully adjustable 7 gauge steel cam maximizes range of motion capabilities with a biomechanically- correct seat angle for proper isolation of muscle groups.

Strengthen your quadricep muscles with the leg extension exercise by positioning your legs behind the oversized 15.5" roller, firmly grip the handles and lift.

To work your glutes and hamstring muscles, pull the oversized pop pin and insert the leg hold down to a comfortable position, sit down and wrap your legs over the oversized 15.5" roller, then press down to perform seated leg curl exercises.

Weight: 416 lbs

Dimensions: 54"W x 54"L x 70"H

Standard with 210lb stack – optional 310lb stack upgrade

Special Features

- Duraform pads and oversized rollers
- 7 position adjustments on back pad and leg hold down to fit all size users
- Easy pull pin design adjusts positioning from leg extension to leg curl exercise
- Rotary range of motion adjustment
- Ideal for home and commercial usage
- Storage for leg hold down piece

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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