

GCBT380

Cam Series Biceps & Triceps Machine

Body-Solid®
Built for Life



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Bulging biceps and triceps are yours to develop with this intelligent dual-function design. Raise or lower the adjustable seat for proper positioning and then rest your arms on the over-stuffed support pad. Positioned at a 30° angle for precise biomechanical movement, the thoughtful combination of 2" x 2" and 2" x 4" supportive steel blends structural integrity with comfort. Pull the jumbo pop pin to lower the lifting arm and grab hold of the rotating v-bar handle to blast out a burning set of arm curls. Now adjust the lifting arm upward and lock it in for an exhilarating triceps workout. Once again, Body-Solid brings you two functions for the price of one.

Weight post is 1" diameter. Weight Plates, Collar and Olympic Adapter sleeve optional.

Weight: 79 lbs

Dimensions: 43"W x 45"L x 45"H

Special Features

- Adjustable seat for proper positioning
- Ultra-thick DuraFirm™ upholstery
- Precise biomechanical movement
- Combination 2"x 2" and 2"x 4" steel blends
- Structural integrity with ultimate comfort
- V-Bar handle to blast out a arm curls
- Adjustable lifting arm can be positioned upward for Triceps workout

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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Pads, Cables and Grips Lifetime