

# GCAB-STK

## Body-Solid Pro-Select Ab & Back Machine

*Body-Solid®*  
Built for Life



### GCAB-STK

#### Pro-Select Ab & Back Machine

This unique dual function machine allows you to exercise two major muscle groups (abdominals and back) for one great low price. This innovative commercial design has a full range cam design with an easy to use pop pin that allows an additional 20 adjustments to increase control and range of motion. A 7 position, fully upholstered leg pad brace allows additional isolation of abdominal and back muscles.

### Special Features

- Ultra –thick Durafirm upholstery
- Precise biomechanical movement
- Combination 2"x2" and 2"x4" steel frame
- 20 position adjustable cam
- Ideal for home and commercial applications
- 7 position foot brace for all size users

### Warranty



Frame & Welds ..... Lifetime  
Bushings and Hardware ..... 3 Years  
Pads, Cables and Grips ..... 1 Year



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Weight: 416 lbs  
Dimensions: 28"W x 64"L x 70"H