

GCAB360B Cam Series Ab & Back Machine

Body-Solid[®]
Built for Life



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The Body-Solid GCAB360B CAM Ab & Back Machine is a versatile, commercial-grade dual-function machine that allows users to efficiently target both their abdominals and lower back with precision biomechanics. Its robust steel construction, adjustable range-of-motion settings, and comfortable DuraFirm™ upholstery provide a professional-quality core workout for any home or light commercial gym.

Olympic Adapter Sleeve and weight plates optional.

Weight: 80 lbs
Dimensions: 46"W x 60"L x 43"H

Special Features

- Ultra-thick DuraFirm™ upholstery
- 30° angle for precise biomechanical movement.
- 2"x 4" mainframe steel for exceptional
- Light Commercial quality.
- Easy-to-use pop-pin that allows adjustments to increase and control the user's range-of-motion.
- Adjustable lifting arm can be positioned for exercising both the ab and back muscles.

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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