

GCAB-STK Pro-Select Ab & Back Machine

Body-Solid[®]
Built for Life



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The Body-Solid GCAB-STK Pro Select Ab & Back Machine is a space-saving, commercial-grade powerhouse that lets you seamlessly target both your abdominals and back for total core development. Engineered with precision biomechanics, heavy-duty steel, and high-density comfort, this versatile machine—available with either a 210 or 310 lb. weight stack—is fully adjustable to provide a perfect, results-driven workout for every user.

Special Features

- Ultra-thick Duraform upholstery
- Precise biomechanical movement
- Combination 2"x2" and 2"x4" steel frame
- 20 position adjustable cam
- Ideal for home and commercial applications
- 7 position foot brace for all size users

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime

Weight: 416 lbs
Dimensions: 28"W x 64"L x 70"H