

G1B Body-Solid Multi-Station Gym

Body-Solid®
Built for Life



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The Body-Solid G1B Multi-Station Gym packs over 40 exercises, a 160 lb. selectorized weight stack, and dedicated stations (Chest Press, Lat Pulldown, Leg Extension, etc.) into the smallest possible footprint.

Built with heavy-duty steel and military-spec cables for lifetime durability, this all-in-one machine offers biomechanically superior workouts and is backed by the industry's best In-Home Lifetime Warranty.

Includes: Lat bar, Straight bar, Ankle Strap, Ab/Triceps Strap, Body-Solid Total Body Workout™ DVD, Full-size exercise chart.

Weight: 324 lbs
Dimensions: 56"L x 47"W x 84"H

Special Features

- 160lb. Selectorized Weight Stack
- Traditional press bar is biomechanically designed for maximum muscle development
- DuraFirm™ pads with lumbar support provide ultimate comfort and prevent lower back strain
- 12-gauge steel construction provides ultimate strength, function and durability.

Warranty



Frame & Welds Lifetime
Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime