FCDBody-Solid -Fusion Knee Raise Chin Dip









Leg Raises

Pull-Ups



Dips

FCD

Fusion Knee Raise Chin Dip

By doing pull-ups chin-ups and dips, you can effectively and efficiently build muscles in your arms, shoulders and back. Add vertical knees raises, and you'll soon see an increase in definition of your lower abdominal muscles. Best of all, the benefits of these exercises can be enjoyed by fitness enthusiasts of all skill and strength levels.

Special Features

- Lat Pull-Up (wide overhand grip) / Chin-Up (close underhand grip) Station features easy step-up entry
- Easy access Dip Station features oversized diameter grips for ultimate comfort
- 11 gauge steel frame with 15/8" x 3" oval tubing
- Ideal for home and commercial use

Warranty



Frame & Welds Lifetime Bushings and Hardware 3 Years Pads, Cables and Grips 1 Year



Frame & Welds Lifetime
Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime

Weight: 136 lbs

Dimensions: 63"L x 42"W x 83"H