



BSTRINGS Steel Rings with Straps

The popularity of ring exercises has never been stronger and fitness enthusiasts are gravitating to ring exercises to improve strength, balance and body control.

Unlike the competition, these rings are made from solid tubular steel providing superior durability and strength.

The rings are 9" outer diameter with a 1" grip. The included adjustable nylon straps ensure a proper starting height for any user for any ring exercise program.

Special Features

- Solid steel construction
- 9" round diameter
- 1" grip
- Adjustable nylon straps
- 8.5lbs (entire set)