## **BSTFM10** Premium Foam Mat



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The top of the BSTFM10 is smooth for maximum user comfort and stability while the bottom side features contours to minimize the potential for slippage or movement. The BSTFM10 also includes a convenient carrying strap and hand-hold for easy transportation, carrying and hanging.

Dimensions: 48" L x 20" W x 1/2" Thick

## **Special Features**

 Perfect for yoga, sit-ups and other floor exercises

Body-Solid

- Excellent cushioning & comfort
- Contoured bottom to minimize slippage & movement
- Carrying strap & hand-hold opening
- 1/2" thick cushioning