

BFSM250B Smith Machine



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The Best Fitness BFSM250B Smith Machine is an excellent addition to any home workout, combining the power and effectiveness of free weight workouts with the safety and control of a weight machine. Lift safely without needing a spotter, thanks to the BFSM250B's safety catches. These safety catches feature 20 lockout points giving users the confidence to lift heavy without a spotter and no fear of failure.

A solid steel, knurled Olympic barbell slides smoothly down the BFSM250B's carriage without resistance for safe and controlled movements. Use the 2" barbell sleeves to add up to 300 lbs. of additional weight to the barbell for intense workouts. Heavy-duty, adjustable safeties let users customize the Best Fitness Smith Machine for several of the most popular exercises, including bench presses, squats, shrugs, rows and more.

Weight: 114 lbs

Dimensions: 50" L x 66" W x 79" H

Dimensions with optional Lat Attachment: 59"L x 66"W x 82"H



Optional Lat Attachment BFLA250

Special Features

- 14 Gauge 2" x 2" steel mainframe
- Lift safely without a spotter
- 20 lockout points
- Solid-steel knurled Olympic barbell
- Weight Capacity: 300 lbs.
- Optional Lat Attachment BFLA250

Warranty

Frame & Welds	3 Years
Motor (if applicable)	1 Year
Parts.....	1 Year
Electronics (if applicable).....	3 Months
Wear Parts	30 Days