BFFID10 Flat/Incline/Decline Folding Bench







BFPL10 Leg Developer & Preacher Curl Attachment

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The right bench provides the foundation to a solid strength training program. No one piece of equipment provides as much exercise versatility as a flat, incline and decline bench. The BFFID10 lets you pull the pin on multiple starting positions for a variety of exercises and a varying degree for each session.

Compact, durable, and affordable, the BFFID10 is the ultimate starting weight bench. Both back and forward leg supports are pull-pin adjustable. The back pad offers 12 starting positions from 10° negative decline up to 70° positive incline. Folds away flat for storage. Bench ships in one box, no assembly required!

Special Features

- Adjusts from 10° negative decline to 70° positive incline
- Safety pins allow for easy leg support adjustment
- 1.5" Upholstered Pads
- No assembly required

Warranty

Frame & Welds	3 Years
Motor (if applicable)	1 Year
Parts	1 Year
Electronics (if applicable)	3 Months
Wear Parts	30 Days

Weight: 43 lbs Dimensions: 55" L x 18" W x 17" H