

## BB23 Bicep Bomber



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Uniquely contoured design allows you to isolate your arms and shoulders while keeping your back and elbows locked in the perfect curling position. The Bicep Bomber features a 1000 lb. capacity webbed nylon belt and a thick, oversize neoprene neck pad for complete comfort. Dense elbow pads further ensure comfort and stability for safer and more efficient workouts.

The Bicep Bomber can also be used to isolate your triceps. Perform triceps press downs or other high-pulley movements with the biceps bomber to lock elbows in place and add focus & concentration throughout the movement.

### Special Features

- Webbed nylon belt and pads designed for bicep workouts
- Isolates your arms and shoulders while you perform curls
- Locks back and elbows in perfect curling position for efficiency
- Nylon belt offers 1,000-pound capacity; oversized neoprene neck pad
- Dense elbow pads offer comfort and stability
- Lock elbows in place during triceps press downs