

GFI21
2"x3" Flat/Incline Bench



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The quick-change safety pull pin allows multiple angle back pad adjustment from flat to an exact 90-degree angle. Featuring full-length steel reinforced back and seat pads that provide double incline adjustments, it's perfect for a variety of barbell and dumbbell exercises. If you are serious about training, this is the one for you!

Dimensions: 17"H x 52"L x 21"W (46"H when inclined)

Special Features

- Lifetime warranty
- Commercial 2"x3" heavy gauge steel mainframe
- Glide & Lock seat and back pad adjustment system
- Adjusts from flat to 90 in 9 positions with convenient one-touch pop-pin
- Full 2" thick DuraFirm™ seat and back pads
- Ideal for home and commercial use